Corporate Fitness League

The Leader In Office Weight Loss Competition

www.corporatefitnessleague.com

Team Name: _____ **Competition Name:** _____ **Notes:** _____

Team Captain: _____ **Start Date:** _____ **Notes:** _____

Player Name	Start Weight	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12

Now you can play your office vs. another office across the street or across the country!
Find out how at www.corporatefitnessleague.com.